



**A Tailored Suit**  
QUALITY CUSTOM CLOTHING

## Complete Measurement Guide

### You Need

1. A Fabric Tape Measure ([Download our printable tape measure](#) or contact us via [email](#) or phone at **1-800-340-7345** and ask us to mail you one for free).
2. Ten to twenty minutes.

### It would help if

3. You had assistance from a friend when measuring (*although the majority of the measurements can easily be self-taken, we have found the process to be faster if you have someone readily available to assist you. In addition, if you would rather use a local tailor or seamstress, we will refund the measuring cost up to \$25 in the form of an in store coupon.*)
4. You wore a good fitting dress-shirt and slacks. *If you do not have these items, any form-fitting clothing will suffice (to include a t-shirt and boxers). No jeans and empty your pockets!*

### About Measuring

- When taking measurements the tape should be held flat against the body; it should be held snug enough so not droop, but never so tight as to feel restrictive.
- All measurements should be taken to the nearest quarter (.25) inch.
- Do not add wiggle room to your measurements. We will adjust the fit based off of your selected preferences and build. All measurements are “skin measurements”.
- More measurement specific questions? [Visit our website for more information and video tutorials on how to measure yourself properly!](#)

### How to Submit this Information

- Enter it directly into our website after you [Build your Garment](#).
- Email a scanned copy of the summary page to [Sales@ATailoredSuit.com](mailto:Sales@ATailoredSuit.com)
- Give us a call and submit your information over the phone.

### Contact Us

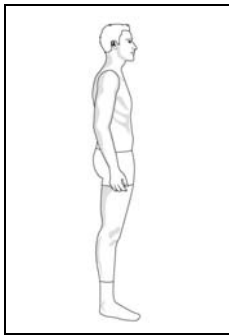
Contact us at **1-800-340-7345** (Monday through Friday 8AM to 5PM CST) or [email](#) us at [Info@ATailoredSuit.com](mailto:Info@ATailoredSuit.com).

# A Tailored Suit Questionnaire

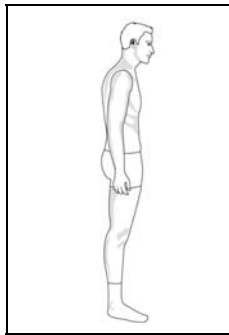
1. Height \_\_\_\_\_
2. Weight \_\_\_\_\_
3. Shoe Size (USA) \_\_\_\_\_
4. Watch Hand      Right / Left
5. Skin Color \_\_\_\_\_
6. Hair Color \_\_\_\_\_
7. Eye Color \_\_\_\_\_
8. Jean Size \_\_\_\_\_
9. Describe any problems you usually have with non-tailored clothing.

10. What did you wear while being measured? (IMPORTANT)

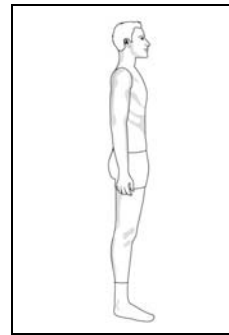
## 11. Your Stance



Normal \_\_\_\_\_



Forward Leaning \_\_\_\_\_

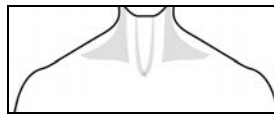


Erect \_\_\_\_\_

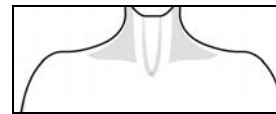
## 12. Your shoulder slope



Normal \_\_\_\_\_



Steep \_\_\_\_\_



Flat \_\_\_\_\_

## 13. Your chest description



Thin \_\_\_\_\_



Fit \_\_\_\_\_



Normal \_\_\_\_\_



Muscular \_\_\_\_\_



Large \_\_\_\_\_

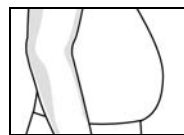
## 14. Your stomach description



Thin \_\_\_\_\_



Normal \_\_\_\_\_



Medium \_\_\_\_\_



Large \_\_\_\_\_

## 15. Your seat shape



Thin \_\_\_\_\_



Normal \_\_\_\_\_



Curved \_\_\_\_\_



Large \_\_\_\_\_

## 1. Neck

- Measure around your neck at the height where your collar, if buttoned, would be.
- This measurement should be taken along the lower section of the neck, below your Adams Apple and above your Sternal Notch.
- The tape should be comfortably touching the skin, with enough room so that you do not feel restricted.
- My Neck is \_\_\_\_\_.\_\_\_\_\_ inches.



## 2. Full Chest

- Measure around the chest and body at its fullest part (typically right under the armpits and shoulder blades, right across the nipples).
- Hold the tape against the body tight enough so that it does not slip down, but not so tight that it restricts breathing. It should be “snug”.
- Make sure the tape is horizontal and the person's arms are by their side; then take a normal breath and measure.
- Do not puff out your chest
- Double check this measurement.
- My Full Chest is \_\_\_\_\_.\_\_\_\_\_ inches.



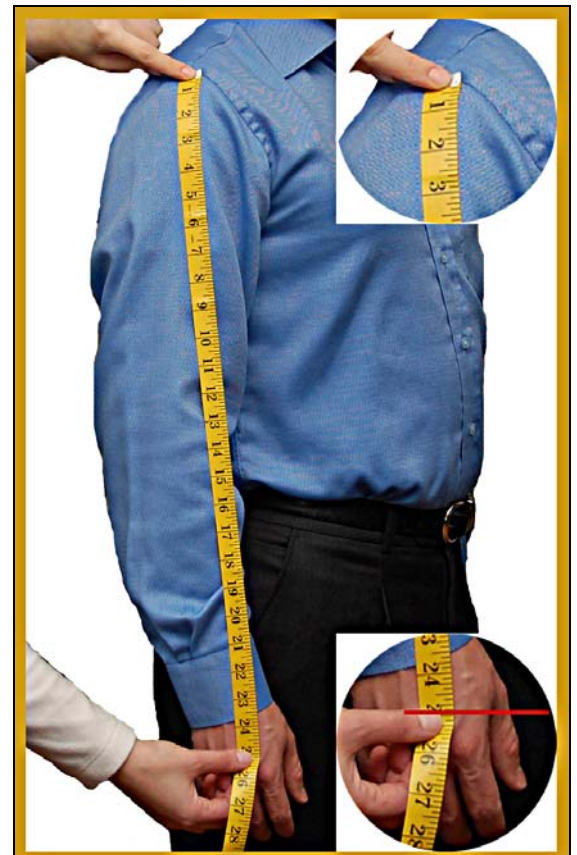
### 3. Full Shoulder Width

- Measure from the end of the right shoulder to the end of the left shoulder.
- We define the “End of the Shoulder” as where the horizontal plane of the shoulder intersects the vertical plane of the arm (see illustration).
- Double check measurement.
- My Full Shoulder Width is \_\_\_\_\_.\_\_\_\_\_ inches.



### 4. Right Sleeve

- Measure from the end of the right shoulder to the “Pinch” of the right hand.
- The “Pinch” of the hand is found where the base of the thumb and the base of the index finger intersect (approximately 1 inch above the index finger knuckle).
- Double check this measurement.
- Right Sleeve is \_\_\_\_\_.\_\_\_\_\_ inches.



### 5. Left Sleeve

- Measure from the end of the left shoulder to the “Pinch” of the left hand.
- Double check this measurement.
- Left Sleeve is \_\_\_\_\_.\_\_\_\_\_ inches.

## 6. Bicep

- Measure around the fullest part of the bicep with the arms by your side.
- You need only measure one side.
- My Bicep is \_\_\_\_\_ inches.



## 7. Wrist

- Measure around the fullest part of the wrist.
- You need only measure one side.
- Wrist is \_\_\_\_\_ inches.



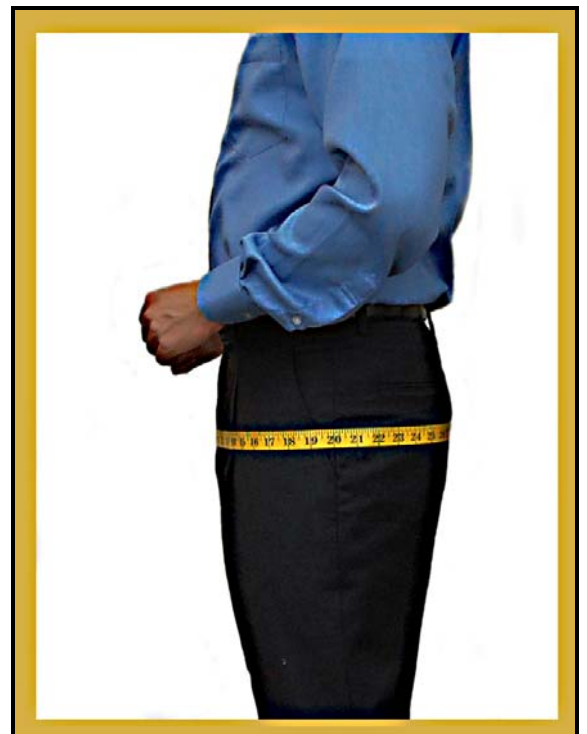
## 8. Waist / Stomach

- Measure around the fullest part of the waist/stomach or right below your bottom ribs, whichever is greater.
- Jacket Waist is \_\_\_\_\_ inches.



## 9. Hips/Seat

- Measure around the fullest part of your hips and buttocks.
- My Hips/Seat is \_\_\_\_\_ inches.



## 10. Front Jacket Length

- Measure straight down the front from the base of the neck (right or left side) to the point level with your thumb knuckle.
- My Front Jacket Length is \_\_\_\_\_ inches.



## 11. Front Chest Width

- With the person's arms by their side, measure across the front of the chest.
- Start at the front of the right armpit, continue measuring across the nipples, and then stop at the front of the left armpit. Do not measure under the arms.
- This is the front part of the full chest measurement we took in step 2.
- My Front Chest Width is \_\_\_\_\_ inches.



## 12. Back Width

- With the person's arms by their side, measure across the back.
- Start at the back of the right armpit, continue measuring across the shoulder blades, and then stop at the back of the left armpit. Do not measure under the arms.
- This is the back part of the full chest measurement we took in step 2.
- My Back Width is \_\_\_\_\_.\_\_\_\_ inches.



## 13. Half Shoulder Width (Right)

- Measure from the end of the right shoulder to the base of the right side of the neck.
- We define the “Side of the Neck” as the point at which the vertical plane of the neck intersects the horizontal plane of the shoulder.
- My Half Shoulder Width (Right) is \_\_\_\_\_.\_\_\_\_ inches.



## 14. Half Shoulder Width (Left)

- Measure from the end of the left shoulder to the base of the left side of the neck.
- My Half Shoulder Width (Left) is \_\_\_\_\_.\_\_\_\_ inches.



## 15. Full Back Length

- Measure from the base of the back of the neck to the floor.
- We define the “base of the back of the neck” as the point at which the 7<sup>th</sup> cervical bone is located. To easily find this point, have the person being measured tilt his head forward so that the “knobby” bone at the base of the neck becomes obvious. Once located, you can have the person stand straight again and then measure.
- No shoes please!
- Double check this measurement.
- Full Back Length is \_\_\_\_\_.\_\_\_\_\_ inches.



## 16. Half Back Length

- Measure from the base of the back of the neck to the top of the pants waistband area.
- Half Back Length is \_\_\_\_\_.\_\_\_\_\_ inches.



## 17. Trouser Waist

- Measure around your waist at the level where you would normally wear your pant's belt.
- With the tape measure snug around your waist, relax, and take the measurement.
- Don't be alarmed if this measurement seems larger than expected; off-the-rack pants are normally labeled as being smaller than what they really are.
- Trouser Waist is \_\_\_\_\_. \_\_\_\_\_ inches.



## 18. Trouser's Outseam

- Measure from the top of your pant's waistband to the floor along the outside of your leg.
- Make sure the tape is tight, that you are standing straight, and then measure. No shoes please!
- Double check this measurement.
- Trouser's Outseam is \_\_\_\_\_. \_\_\_\_\_ inches.



## 19. Trouser's Inseam

- Measure from the lowest part of your crotch area to the floor.
- Make sure the tape is tight along the inside of your leg, that you are standing straight, and then measure. No shoes please!
- Trouser's Inseam is \_\_\_\_\_.\_\_\_\_\_ inches.



## 20. Crotch

- Measure from the front top of the pant's waistband to the back top of the pant's waistband.
- Make sure not to take this measurement too tight.
- Crotch Measurement is \_\_\_\_\_.\_\_\_\_\_ inches.



## 21. Thigh

- Measure around your thigh at its widest point.
- You need measure only one side.
- My Thigh is \_\_\_\_\_ inches.



## 22. Knee

- Measure around your knee at its widest point.
- You need only measure one side.
- My Knee is \_\_\_\_\_ inches.



### 23. Right Full Sleeve

- Measure from the base of the right side of the neck to the pinch of the right hand
- This is a “check” measurement. This measurement should be within a half-inch of measurements 4 and 13 combined. If not, recheck those two measurements.
- Right Full Sleeve is \_\_\_\_\_.\_\_\_\_\_ inches.

### 24. Left Full Sleeve

- Measure from the base of the left side of the neck to the pinch of the left hand
- This is a “check” measurement. This measurement should be within a half-inch of measurements 5 and 14 combined. If not, recheck those two measurements.
- Left Full Sleeve is \_\_\_\_\_.\_\_\_\_\_ inches.



## Information Summary

(This form is for use if you plan to email us a scanned copy of your information)

### Answers to the Questionnaire

- |                            |                     |
|----------------------------|---------------------|
| 1. Height _____            | 5. Skin Color _____ |
| 2. Weight _____            | 6. Hair Color _____ |
| 3. Shoe Size _____         | 7. Eye Color _____  |
| 4. Watch Hand Right / Left | 8. Jean Size _____  |

9. Describe any problems you usually have with non-tailored clothing.

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10. What did you wear while being measured? (**IMPORTANT**)

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- |                                  |                                    |
|----------------------------------|------------------------------------|
| 11. How do you stand _____       | 14. Your stomach description _____ |
| 12. Your shoulder slope _____    | 15. Your seat shape _____          |
| 13. Your chest description _____ | 16. Your body proportions _____    |

### Measurements

1. Neck \_\_\_\_\_ inches
2. Full Chest \_\_\_\_\_ inches
3. Full Shoulder Width \_\_\_\_\_ inches
4. Right Sleeve \_\_\_\_\_ inches
5. Left Sleeve \_\_\_\_\_ inches
6. Bicep \_\_\_\_\_ inches
7. Wrist \_\_\_\_\_ inches
8. Waist/Stomach \_\_\_\_\_ inches
9. Hips/Seat \_\_\_\_\_ inches
10. Front Jacket Length \_\_\_\_\_ inches
11. Front Chest Width \_\_\_\_\_ inches
12. Back Width \_\_\_\_\_ inches
13. Half Shoulder Width (Right) \_\_\_\_\_ inches
14. Half Shoulder Width (Left) \_\_\_\_\_ inches
15. Full Back Length \_\_\_\_\_ inches
16. Half Back Length \_\_\_\_\_ inches
17. Trouser Waist \_\_\_\_\_ inches
18. Trouser Outseam \_\_\_\_\_ inches
19. Trouser Inseam \_\_\_\_\_ inches
20. Crotch \_\_\_\_\_ inches
21. Thigh \_\_\_\_\_ inches
22. Knee \_\_\_\_\_ inches
23. Right Full Sleeve \_\_\_\_\_ inches
24. Left Full Sleeve \_\_\_\_\_ inches