



**A Tailored Suit**  
QUALITY CUSTOM CLOTHING

## Shirt Only Measurement Guide

### You Need

1. A Fabric Tape Measure ([Download our printable tape measure](#) or contact us via [email](#) or phone at **1-800-340-7345** and ask us to mail you one for free).
2. Ten to fifteen minutes.

### It would help if

3. You had assistance from a friend when measuring (*although the majority of the measurements can easily be self-taken, we have found the process to be faster if you have someone readily available to assist you. In addition, if you would rather use a local tailor or seamstress, we will refund the measuring cost up to \$25 in the form of an in store coupon.*)
4. You wore a good fitting dress-shirt and slacks. *If you do not have these items, any form-fitting clothing will suffice (to include a t-shirt and boxers). No jeans and empty your pockets!*

### About Measuring

- When taking measurements the tape should be held flat against the body; it should be held snug enough so not droop, but never so tight as to feel restrictive.
- All measurements should be taken to the nearest quarter (.25) inch.
- Do not add wiggle room to your measurements. We will adjust the fit based off of your selected preferences and build. All measurements are “skin measurements”.
- More measurement specific questions? [Visit our website for more information and video tutorials on how to measure yourself properly!](#)

### How to Submit this Information

- Enter it directly into our website after you [Build your Garment](#).
- Email a scanned copy of the summary page to [Sales@ATailoredSuit.com](mailto:Sales@ATailoredSuit.com)
- Give us a call and submit your information over the phone.

### Contact Us

Contact us at **1-800-340-7345** (Monday through Friday 8AM to 5PM CST) or [email](#) us at [Info@ATailoredSuit.com](mailto:Info@ATailoredSuit.com).

# A Tailored Suit Questionnaire

- |               |              |               |       |
|---------------|--------------|---------------|-------|
| 1. Height     | _____        | 4. Skin Color | _____ |
| 2. Weight     | _____        | 5. Hair Color | _____ |
| 3. Watch Hand | Right / Left | 6. Eye Color  | _____ |

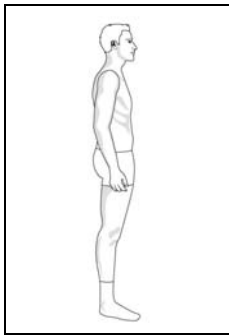
7. Describe any problems you usually have with non-tailored clothing.

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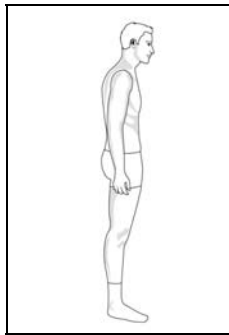
8. What did you wear while being measured? (IMPORTANT)

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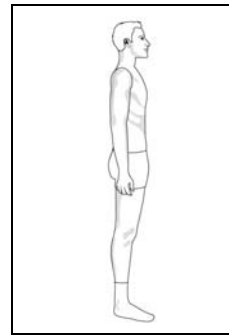
## 9. Your Stance



Normal \_\_\_\_\_

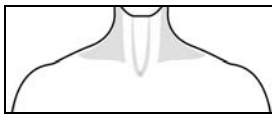


Forward Leaning \_\_\_\_\_

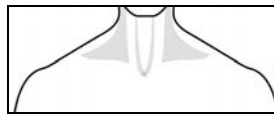


Erect \_\_\_\_\_

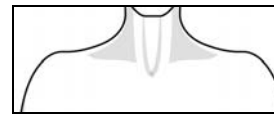
## 10. Your shoulder slope



Normal \_\_\_\_\_



Steep \_\_\_\_\_



Flat \_\_\_\_\_

## 11. Your chest description



Thin \_\_\_\_\_



Fit \_\_\_\_\_



Normal \_\_\_\_\_



Muscular \_\_\_\_\_



Large \_\_\_\_\_

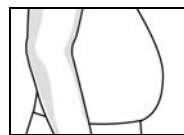
## 12. Your stomach description



Thin \_\_\_\_\_



Normal \_\_\_\_\_



Medium \_\_\_\_\_



Large \_\_\_\_\_

## 13. Your seat shape



Thin \_\_\_\_\_



Normal \_\_\_\_\_



Curved \_\_\_\_\_



Large \_\_\_\_\_

## 1. Neck

- Measure around your neck at the height where your collar, if buttoned, would be.
- This measurement should be taken along the lower section of the neck, below your Adams Apple and above your Sternal Notch.
- The tape should be comfortably touching the skin, with enough room so that you do not feel restricted.
- My Neck is \_\_\_\_ . \_\_\_\_ inches.



## 2. Full Chest

- Measure around the chest and body at its fullest part (typically right under the armpits and shoulder blades, right across the nipples).
- Hold the tape against the body tight enough so that it does not slip down, but not so tight that it restricts breathing. It should be “snug”.
- Make sure the tape is horizontal and the person's arms are by their side; then take a normal breath and measure.
- Do not puff out your chest.
- Double check this measurement.
- My Full Chest is \_\_\_\_ . \_\_\_\_ inches.



### 3. Full Shoulder Width

- Measure from the end of the right shoulder to the end of the left shoulder.
- We define the “End of the Shoulder” as where the horizontal plane of the shoulder intersects the vertical plane of the arm (see illustration).
- Double check measurement.
- My Full Shoulder Width is \_\_\_\_\_.\_\_\_\_\_ inches.

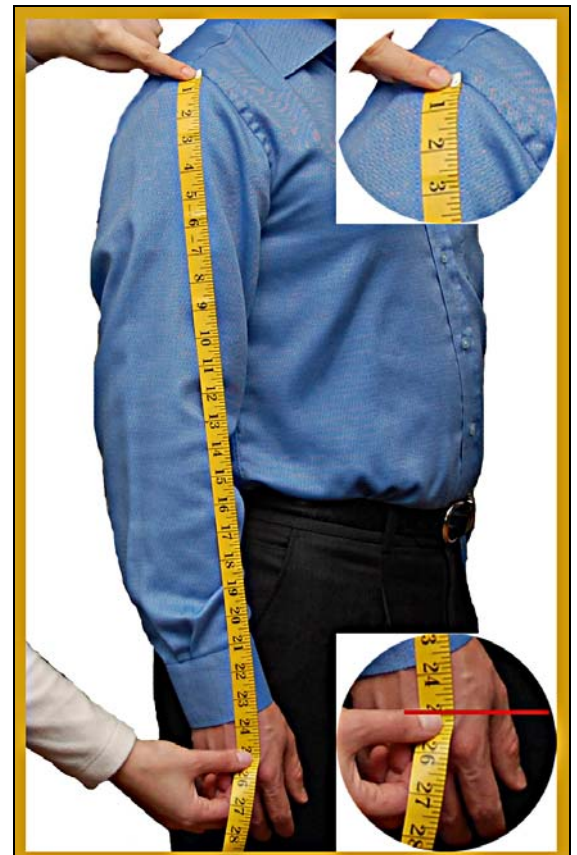


### 4. Right Sleeve

- Measure from the end of the right shoulder to the “Pinch” of the right hand.
- The “Pinch” of the hand is found where the base of the thumb and the base of the index finger intersect (approximately 1 inch above the index finger knuckle).
- Double check this measurement.
- Right Sleeve is \_\_\_\_\_.\_\_\_\_\_ inches.

### 5. Left Sleeve

- Measure from the end of the left shoulder to the “Pinch” of the left hand.
- Double check this measurement.
- Left Sleeve is \_\_\_\_\_.\_\_\_\_\_ inches.



## 6. Bicep

- Measure around the fullest part of the bicep with the arms by your side.
- You need only measure one side.
- My Bicep is \_\_\_\_\_ inches.



## 7. Wrist

- Measure around the fullest part of the wrist.
- You need only measure one side.
- Wrist is \_\_\_\_\_ inches.





## 8. Waist / Stomach

- Measure around the fullest part of the waist/stomach or right below your bottom ribs, whichever is greater.
- Jacket Waist is \_\_\_\_\_ inches.



## 9. Hips/Seat

- Measure around the fullest part of your hips and buttocks.
- My Hips/Seat is \_\_\_\_\_ inches.





## Information Summary

(This form is for use if you plan to email us a scanned copy of your information)

### Answers to the Questionnaire

- |               |              |               |       |
|---------------|--------------|---------------|-------|
| 1. Height     | _____        | 4. Skin Color | _____ |
| 2. Weight     | _____        | 5. Hair Color | _____ |
| 3. Watch Hand | Right / Left | 6. Eye Color  | _____ |

7. Describe any problems you usually have with non-tailored clothing.

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8. What did you wear while being measured? (**IMPORTANT**)

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9. How do you stand \_\_\_\_\_
10. Your shoulder slope \_\_\_\_\_
11. Your chest description \_\_\_\_\_
12. Your stomach description \_\_\_\_\_
13. Your seat shape \_\_\_\_\_

### Shirt Measurements

1. Neck \_\_\_\_\_ inches
2. Full Chest \_\_\_\_\_ inches
3. Full Shoulder Width \_\_\_\_\_ inches
4. Right Sleeve \_\_\_\_\_ inches
5. Left Sleeve \_\_\_\_\_ inches
6. Bicep \_\_\_\_\_ inches
7. Wrist \_\_\_\_\_ inches
8. Waist/Stomach \_\_\_\_\_ inches
9. Hips/Seat \_\_\_\_\_ inches