

Complete Measurement Guide (with Extra Guidance in Red!)

You Need

- 1. A Fabric Tape Measure (<u>Download our printable tape measure</u> or contact us via <u>email</u> or phone at 1-800-340-7345 and ask us to mail you one for free). It's important you use a fabric tape measure a piece of string or a construction tape measure is not going to suffice. Ask around, most established households have one and if you are near a store you can usually pick one up for \$1.
- 2. Ten to twenty minutes. The key to keeping this process short is to not think about it too much don't fret over ¼ of an inch we have ways of spotting errors and will get back to you if something is out of the ordinary. Just be consistent in how you measure.

It would help if

- 3. You had assistance from a friend when measuring (although the majority of the measurements can easily be self-taken, we have found the process to be faster if you have someone readily available to assist you. In addition, if you would rather use a local tailor or seamstress, we will refund the measuring cost up to \$25 in the form of an in store coupon). Tailors often have their own way of taking measurements; we find the most accurate measurers are the clients who simply read the instructions, look at the photos, and then measure without fretting over getting the measurements perfect.
- **4.** You wore a good fitting dress-shirt and slacks. If you do not have these items, any form-fitting clothing will suffice (to include a t-shirt and boxers). No jeans and empty your pockets! We really mean it, please don't wear jeans. The reason being that jeans have a lower rise and compress the crotch measurement, increase the inseam measurements, and they often make the hip and waist measurement inaccurate. Better to be measured in gym shorts and a T-shirt!

About Measuring

- When taking measurements the tape should be held flat against the body; it should be held snug enough so not droop, but never so tight as to feel restrictive.
- All measurements should be taken to the nearest quarter (.25) inch.
- Do not add wiggle room to your measurements. We will adjust the fit based off of your selected preferences and build. All measurements are "skin measurements".

• More measurement specific questions? <u>Visit our website for more information and</u> video tutorials on how to measure yourself properly!

How to Submit this Information

- Enter it directly into our website after you **Build your Garment**.
- Email a scanned copy of the summary page to Sales@ATailoredSuit.com
- Give us a call and submit your information over the phone.

Contact Us

Contact us at 1-800-340-7345 (Monday through Friday 8AM to 5PM CST) or email us at Info@ATailoredSuit.com.

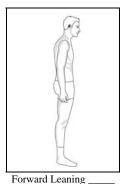


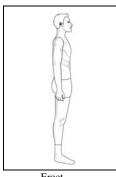
A Tailored Suit Questionnaire

1.	Height		5.	Skin Color	
2.	Weight		6.	Hair Color	
3.	Shoe Size (USA)		7.	Eye Color	
4.	Watch Hand	Right / Left	8.	Jean Size	

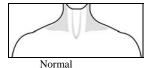
- 9. Describe any problems you usually have with non-tailored clothing. (Try to be as specific as possible this question helps us better understand areas we should give special consideration to)
- 10. What did you wear while being measured? (IMPORTANT really, this is!)
- 11. Your Stance (Young men and those in the Military tend to stand more erect once we pass middle age we start to lean forward. Not sure? Ask a friend!)

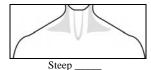


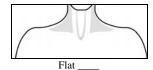




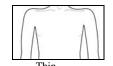
12. Your shoulder slope – (wearing a t-shirt, look at yourself in a mirror – which image do your shoulders most resemble?)

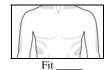


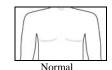


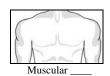


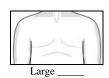
13. Your chest description (Honesty is the best policy here!)



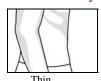




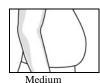


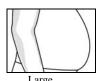


14. Your stomach description (Not where it will be in 3 months once you start exercising – where it is at today.)









15. Your seat shape (Ask a woman in your life – they notice these things!)











1. Neck

- Measure around your neck at the height where your collar, if buttoned, would be.
- This measurement should be taken along the lower section of the neck, below your Adams Apple and above your Sternal Notch.
- The tape should be comfortably touching the skin, with enough room so that you do not feel restricted.
- My Neck is _____ inches.



We take this measurement, and based off your height/weight/fit preference add a percentage to ensure your shirt collar is comfortable after multiple washings where it will shrink slightly.

2. Full Chest

- Measure around the chest and body at its fullest part (typically right under the armpits and shoulder blades, right across the nipples).
- Hold the tape against the body tight enough so that it does not slip down, but not so tight that it restricts breathing. It should be "snug".
- Make sure the tape is horizontal and the person's arms are by their side; then take a normal breath and measure.
- Do not puff out your chest
- Double check this measurement.
- My Full Chest is _____ inches.



This measurement should be at the point your chest is its largest – which should be where we have specified. If you have an extremely large or muscular chest, remember that you will not be flexing in this suit and to take the measurement in a relaxed, normal state.



3. Full Shoulder Width

- Measure from the end of the right shoulder to the end of the left shoulder.
- We define the "End of the Shoulder" as where the horizontal plane of the shoulder intersects the vertical plane of the arm (see illustration).
- Double check measurement.
- My Full Shoulder Width is inches.



This is the measurement we see taken wrong most often – to check this measurement take your best fitting jacket and measure your shoulders while wearing it – now look at both - your jacket measurement should be the same to ½ inch larger. If it's not ask yourself is your current jacket too large or too small, and from this you can now more accurately determine your shoulder size. If you need help, please contact us!

4. Right Sleeve

- Measure from the end of the right shoulder to the "Pinch" of the hand.
- The "Pinch" of the hand is found where the base of the thumb and the base of the index finger intersect (approximately 1 inch above the index finger knuckle).
- Right Sleeve is ______ inches.

5. Left Sleeve

- Measure from the end of the left shoulder to the "Pinch" of the hand.
- Left Sleeve is _____ inches.

Place a safety pin where you determined the shoulder points to be on Measurement 3 above – and remember to measure to the Pinch of the Hand!





6. Bicep

- Measure around the fullest part of the bicep with the arms by your side.
- You need only measure one side.
- My Bicep is _____ inches.

No need to flex, unless you are a body builder – but we'll be able to see that from your other measurements and will make sure you have plenty of room in the arm.



7. Wrist

- Measure around the fullest part of the wrist.
- You need only measure one side.
- Wrist is _____ inches.





8. Waist / Stomach

- Measure around the fullest part of the waist/stomach or right below your bottom ribs, whichever is greater.
- Jacket Waist is _____.__.inches.

If you are a large man, make sure to measure around the widest point here. Also, be prepared for us to contact you to collect a few additional measurements to ensure we build your clothing correctly.



9. Hips/Seat

- Measure around the fullest part of your hips and buttocks.
- My Hips/Seat is _____.__.inches.

Remember, the fullest part of your hips and buttocks.





10. Front Jacket Length

- Measure straight down the front from the base of the neck (right or left side) to the point level with your thumb knuckle.
- My Front Jacket Length is inches.

This measurement helps us determine your jacket length, but is not the only factor we consider. We also look at your height, full back length, the length of jacket you are used to, and the type of jacket we are building for you.



11. Front Chest Width

- With the person's arms by their side, measure across the front of the chest.
- Start at the front of the right armpit, continue measuring across the nipples, and then stop at the front of the left armpit. Do not measure under the arms.
- This is the front part of the full chest measurement we took in step 2.
- My Front Chest Width is ____.__inches.

This is not half the chest measurement – it's from the point where your armpit starts – straight across the chest – to the exact spot on the other side. You can take this measurement facing the person (unlike the picture).





12. Back Width

- With the person's arms by their side, measure across the back.
- Start at the back of the right armpit, continue measuring across the shoulder blades, and then stop at the back of the left armpit. Do not measure under the arms.
- This is the back part of the full chest measurement we took in step 2.
- My Back Width is _____ inches.

Again this is not half the chest measurement – it's from the point where your armpit starts – straight across the back of the chest – to the exact spot on the other side.

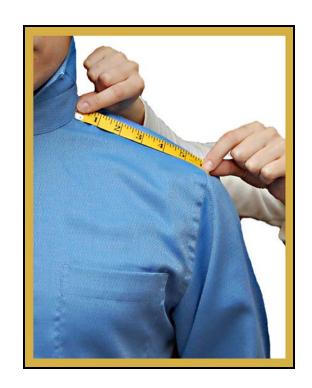
13. Half Shoulder Width (Right)

- Measure from the end of the right shoulder to the base of the right side of the neck.
- We define the "Side of the Neck" as the point at which the vertical plane of the neck intersects the horizontal plane of the shoulder.
- My Half Shoulder Width (Right) is inches.

14. Half Shoulder Width (Left)

- Measure from the end of the left shoulder to the base of the left side of the neck.
- My Half Shoulder Width (Left) is _____ inches.

Keep the safety pin attached from measurements 4 & 5 at the shoulder points, this will ensure it aligns perfectly with the other measurements.





15. Full Back Length

- Measure from the base of the back of the neck to the floor.
- We define the "base of the back of the neck" as the point at which the 7th cervical bone is located. To easily find this point, have the person being measured tilt his head forward so that the "knobby" bone at the base of the neck becomes obvious. Once located, you can have the person stand straight again and then measure.
- No shoes please!
- Double check this measurement.
- Full Back Length is _____.__inches.

This measurement helps us determine your jacket length, but is not the only factor we consider. We also look at your height, jacket length measurement, the length of your current coat, and the type of jacket we are building for you.

16. Half Back Length

- Measure from the base of the back of the neck to the top of the pants waistband area.
- Half Back Length is _____.__inches.

No jeans here – they would give us a measurement that is too long!







17. Trouser Waist

- Measure around your waist at the level where you would normally wear your pant's belt.
- With the tape measure snug around your waist, relax, and take the measurement.
- Don't be alarmed if this measurement seems larger than expected; off-the-rack pants are normally labeled as being smaller than what they really are.
- Trouser Waist is _____.___inches.

It's the truth – your 36 inch waist jeans are more like 39 inches. Why they do this I do not know!



18. Trouser's Outseam

- Measure from the top of your pant's waistband to the floor along the outside of your leg.
- Make sure the tape is tight, that you are standing straight, and then measure. No shoes please!
- Double check this measurement.
- Trouser's Outseam is ____.__inches.

We will build your trousers to this exact measurement – if you are interested in higher fitting trousers such as those made for braces/suspenders or like to have a shorter or longer leg fit please let us know in the notes section.





19. Trouser's Inseam

- Measure from the lowest part of your crotch area to the floor.
- Make sure the tape is tight along the inside of your leg, that you are standing straight, and then measure. No shoes please!
- Trouser's Inseam is _____.__inches.

How high should you measure? Only as high as you're comfortable with – don't worry, this measurement is only a small part of three measurements we use to determine this final length.



20. Crotch

- Measure from the front top of the pant's waistband to the back top of the pant's waistband.
- Make sure not to take this measurement too tight.
- Crotch Measurement is ______ inches.

The key here is to wear a comfortable pair of slacks – no jeans!





21. Thigh

- Measure around your thigh at its widest point.
- You need measure only one side.
- My Thigh is _____inches.

We are looking for the widest section of your thigh here – this may be lower or higher than pictured.



22. Knee

- Measure around your knee at its widest point.
- You need only measure one side.
- My Knee is _____inches.





23. Right Full Sleeve

- Measure from the base of the right side of the neck to the pinch of the right hand
- This is a "check" measurement. This measurement should be within a half-inch of measurements 4 and 13 combined. If not, recheck those two measurements.
- Right Full Sleeve is _____.__inches.

24. Left Full Sleeve

- Measure from the base of the left side of the neck to the pinch of the left hand
- This is a "check" measurement. This measurement should be within a half-inch of measurements 5 and 14 combined. If not, recheck those two measurements.
- Left Full Sleeve is ____.__inches.





Information Summary
(This form is for use if you plan to email us a scanned copy of your information)

\mathbf{A}	nswers to the	Questionna	ıre						
1.	Height				5.	Skin Color			
2.	Weight				6.	Hair Color			
	Shoe Size				7.	Eye Color			
4.	Watch Hand	Right / Left			8.	Jean Size			
9. —	Describe any pro	y problems you usually have with non-tailored clothing.							
10	. What did you w	ear while being	measur	red? (IN	ИP	ORTANT)	-		
11	. How do you sta	and			14.	. Your stomach	n description		
12	. Your shoulder s				15.	. Your seat sha	ape		
13	. Your chest desc				16	. Your body p	roportions		
	leasurements								
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	Full Chest								
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	Right Sleeve								
	Left Sleeve								
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